PROGRAM DIRECTORY
OF EARLY PSYCHOSIS INTERVENTION PROGRAMS

EARLY ASSESSMENT & SUPPORT ALLIANCE (EASA)
FOUNDATION FOR EXCELLENCE IN MENTAL HEALTH CARE (FEMHC)
PORTLAND, OREGON, UNITED STATES
PURPOSE

This directory was created and is maintained by Ellie Taylor, Research Associate (971-240-7788, elinor.taylor@pdx.edu), in partnership with the Foundation for Excellence in Mental Health Care (FEMHC) and the Early Assessment and Support Alliance (EASA) Center for Excellence at Portland State University. FEMHC is an international community foundation dedicated to connecting visionary donors with innovative recovery-focused programs. The Foundation strives to identify promising initiatives and inspire change. EASA consists of a statewide network of programs in Oregon with a coordinated approach to early psychosis intervention. It provides information and support to young people who are experiencing symptoms of psychosis for the first time. The EASA Center for Excellence is the research and administrative arm of EASA.

The purpose of this directory is to create a database and directory of early intervention programs for psychosis within the U.S. Additional goals include facilitating a communicative network among these programs, creating tools for referral, comparing outcome measurements, and determining potential future research studies. This information is up-to-date as of January 1st, 2016, but its relevance may change as programs do.

It is important to note there are differences in what stages of early psychosis these programs focus on, and in the services provided. Some programs are tailored towards assessing and treating individuals who are considered to be at high risk for psychosis based on a standardized tool such as the Structured Interview for Psychosis Risk Syndrome. These programs are attempting to identify and provide intervention during a prodromal stage, which refers to an early set of symptoms (such as unusual thinking and perceptual disturbances) prior to the onset of acute psychosis.

Other programs emphasize intervention after first-episode (FE), which means that the individual has already experienced psychosis. Psychosis is differentiated from high risk based on the severity of symptoms, degree to which a person is aware of changes in perceptions and thought process, whether they are able to engage in reality testing, the degree to which they are modifying their behavior, and the level of impact on their level of distress and functioning.

FEMHC and EASA recognize the importance of early intervention generally for young adults and families in need, and that early psychosis intervention is an active field of research. Thus, we aim to be inclusive and include all program information available.

Thank you for your interest and feel free to contact us for further information!
**ARIZONA**

**Tucson**

*Early Psychosis Intervention Center (EPICENTER)*

Banner University Medical Center South  
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Contact:  
Dr. Patricia Harrison-Monroe, Director

**CALIFORNIA**

**Concord/Contra Costa County**

*First Hope*

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**Los Angeles**

*Aftercare Research Program*

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Departments of Psychology and Psychiatry & Biobehavioral Sciences  
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**Modesto**  
**LIFE Path**  
Sierra Vista Child & Family Services  
100 Poplar Ave.  
Modesto, CA 95354  
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Napa/Napa & Solano Counties
Supportive Outreach & Access to Resources (SOAR)
Aldea Child & Family Services
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**Palo Alto**

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**Sacramento**

**EDAPT (Early Diagnosis and Preventive Treatment) Clinic**
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**Santa Barbara**
**Prevention/Early Intervention Services for Transition-Age Youth**
County of Santa Barbara Alcohol, Drug, and Mental Health Services
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COLORADO

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GEORGIA

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ILLINOIS

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**INDIANA**

**Indianapolis**

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**IOWA**

**Des Moines**

**RESTORE Program**

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**Cedar Rapids**
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**MAINE**

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**MARYLAND**

**Baltimore**
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**Strive For Wellness Program**
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**Catonsville**
**First Episode Clinic (FEC)**
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MASSACHUSETTS

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**Center for Early Detection, Assessment, & Response to Risk (CEDAR)**  
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**Worchester**  
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MICHIGAN  

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MINNESOTA

Minneapolis
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MISSISSIPPI

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NEW MEXICO

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NEW YORK

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Kings OnTrackNY
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**Long Island**

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**Manhattan**

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Early Treatment Program (ETP) – Upper East Side
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Early Treatment Program (ETP) – Zucker Hillside Hospital
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OnTrackNY at the Jewish Board
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**OnTrackNYC Washington Heights**
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NORTH CAROLINA

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Carrboro, NC 27510
Phone: (919) 962-1401
Fax: (919) 962-7373
Contact:
Diana Perkins, MD, Medical Director
E-mail: diana_perkins@med.unc.edu

**Chapel Hill**

**Prevention Through Risk Identification Management & Education (PRIME) Study**

University of North Carolina at Chapel Hill
Dept. of Psychiatry
Chapel Hill, NC 27599-2200
Phone: (877) 774-6319
Contact:
Jennifer Nieri, LCSW
Phone: (919) 966-8341
E-mail: jennifer_nieri@med.unc.edu
Dylan Grewen, BA, CPT
Phone: (919) 843-3421
E-mail: dylan_grewen@med.unc.edu

**Raleigh**

OASIS Raleigh
Part of the Outreach and Intervention Support Services (OASIS) Program
3010 Falstaff Rd.
Suite 107
Raleigh, NC 27610
OREGON

Baker County
Baker County EASA
2200 4th Street
Baker City, OR 97814
Main Office Phone: (541) 523-3646
Fax: (541) 523-7602
Referrals: (541) 523-3646

Clackamas County
Clackamas County EASA
LifeWorks NW
4105 International Way, Suite 501
Milwaukie, OR 97222
Main Office Phone: (503) 496-3201 Ext. 1244
Fax: (503) 496-3208

Clatsop County
Clatsop County EASA
Clatsop Behavioral Healthcare
2120 Exchange St., Suite 203
Astoria, OR 97103
Main Office Phone: (503) 325-0241 Ext. 201
Fax: (503) 325-8483

Columbia County
Columbia County EASA

Columbia Community Mental Health
58646 McNulty Way
St. Helens, OR 97051
Main Office Phone: 503-397-5211 or toll-free 1-800-294-5211
Fax: 503-397-5373

Deschutes, Crook, and Jefferson Counties

Deschutes County EASA

Deschutes Co. Child & Family Program
1340 NW Wall St.
Bend, OR 97701
Main Office Phone: (541) 322-7576
Fax: (541) 330-4636

Douglas County

Douglas County EASA
2700 Stewart Parkway Avenue, Annex B
Roseburg, OR 97471
Mailing Address:
272 Medical Loop, Suite E
Roseburg, OR 97471
Main Office Phone: (541) 440-3532 or toll free 1-800-866-9780
Fax: (541) 440-3554

Hood River, Wasco & Sherman Counties

Hood River County EASA

Mid-Columbia Center for Living
Hood River office:
1610 Wood Ct.
Hood River, OR 97031
Main Office Phone: (541) 386-2620
Fax: (541) 386-6075
The Dalles office:
419 E 7th St., Annex A
The Dalles, OR 97058
Main Office Phone: (541) 296-5452

**Jackson County**
Jackson County EASA
*Jackson County Mental Health*
140 S. Holly Street
Medford, OR 97501
Main Office Phone: (541) 774-8201
Fax: (541) 774-7979

**Josephine County**
Josephine County EASA
*Options Creekside Center*
1181 Ramsey
Grants Pass, OR 97527
Main Office Phone: (541) 244-3103
Fax: (541) 479-2450

**Klamath County**
Klamath County EASA
*Klamath Basin Behavioral Health*
2210 N Eldorado Avenue
Klamath Falls, OR 97601
Main Office Phone: (541) 883-1030
Fax: (541) 884-2338

**Lane County**
Lane County EASA

[PeaceHealth Oregon/Lane County Behavioral Health Services](#)
Lane County EASA
1200 Hilyard Street, Suites 540 and 570
Eugene, OR 97401
Main Office Phone: (458) 205-7070
Fax: (458) 205-7089

**Linn County**
Linn Co. Mental Health
Mailing Address:
PO Box 100
Albany, OR 97321
Main Office Phone: (541) 967-3866, Option #4
Fax: 541-812-8784

**Malheur County**
Malheur County EASA
Lifeways, Inc.
702 Sunset Drive
Ontario, OR 97914
Main Office Phone: (541) 889-9167 or 1-800-995-9169
Fax: (541) 889-7873

**Marion County**
Marion County EASA
Marion Co. Children's Behavioral Health
3878 Beverly Ave. NE, Suite H
Salem, OR 97305
Phone: (503) 576-4600
Fax: (503) 584-4837

**Multnomah County**

**Multnomah County EASA**

**Multnomah Co. Mental Health & Addiction Services**

Lincoln Building:
421 SW Oak St., Suite 520
Portland, OR 97204
Main Office Phone: (503) 988-3272
Fax: (503) 988-5870
Contact:
Leticia Sainz
E-mail: leticiasainz@multco.us

Multnomah County EASA, Rockwood Location

Rockwood Community Health Clinic
2020 SE 182nd Ave. #L104
Portland, OR 97233
Main Office Phone: (503) 988-3272
Fax: (503) 988-5870

**Polk County**

**Polk County Mental Health**

182 SW Academy St.
Dallas, OR 97338
Main Office Phone: (503) 623-9289
Fax: (503) 623-7560

**Tillamook County**
Tillamook Family Counseling Center
906 Main Ave. Tillamook, OR 97141
Main Office Phone: (503) 842-8201 or (800) 962-2851
Fax: (503) 815-1870

Umatilla County
Umatilla County EASA
Pendleton
331 SE 2nd Street
Pendleton, OR 97801
Mailing Address:
PO Box 987
Pendleton, OR 97801
Main Office Phone: (541) 276-6207 or toll-free 1-866-343-4473
Fax: (541) 276-4628

Umatilla County EASA, Hermiston Location
595 NW 11th Street
Hermiston, OR 97838
Main Office Phone: (541) 567-2536
Fax: (541) 567-2632

Union County
Center for Human Development, Inc.
2301 Cove Ave.
LaGrande, OR 97850
Main Office Phone: (541) 962-8800 (mention EASA)
Fax: (541) 963-5272

Wallowa County
Wallowa County EASA
Wallowa Valley Center for Wellness
PO Box 268
207 SW 1st Street
Enterprise, OR 97828
Main Office Phone: (541) 426-4524

**Washington County**

**LifeWorks NW**
14255 SW Brigadoon Ct.
Beaverton, OR 97005
Main Office Phone: (503) 641-1475
Fax: (503) 641-8548

**Yamhill County**

**Yamhill Co. Adult Mental Health**
627 NE Evans St.
McMinnville, OR 97128
Main Office Phone: (503) 583-7523 Ext. 4724 to reach Emily Piper
Fax: (503) 434-9846

**OHIO**

**Akron/Summit County**

**FIRST Summit County**
Part of the FIRST Network
Child Guidance & Family Solutions
18 North Forge St.
Akron, Ohio
Contact:
Hattie Tracy, MSW, LISW-S, LCDC III, Team Leader
Phone: (234) 788-1646
**Bowling Green/Wood County**
FIRST Lucas & Wood Counties
Part of the [FIRST](#) Network
COMPASS, A division of the Zepf Center
541 W. Wooster Street
3rd floor
Bowling Green, OH 43402
Contact:
Brandi Hahn, M.S.W., LISW,  FIRST Lucas and Wood Counties Team Leader
Phone: (419) 764.2773

**Canton/Stark County**
FIRST Stark County
Part of the [FIRST](#) Network
Coleman Professional Services
400 Tuscarawas St., West, Suite 200
Canton, Ohio 44702
Contact:
Michelle Allison-Smith, LPCC-S, FIRST Stark County Team Leader
Phone: (330) 541-1877

**Cleveland/Cuyahoga County**
FIRST Cuyahoga County
Part of the [FIRST](#) Network
Catholic Charities Diocese of Cleveland
The Covenant
1515 West 29th
Cleveland, OH 44113
Contact:
FIRST Cuyahoga County Team Leader
Phone: (216) 339-1438

**Columbus**
Early Psychosis Intervention Center (EPICENTER) - Ohio
Department of Psychiatry and Behavioral Health
The Ohio State University
1670 Upham Dr.
Columbus, OH 43210
Phone: (614) 685-6052

Contact:
Dr. Nicholas Breitborde, Director

**Greater Cincinnati Area**
FIRST Greater Cincinnati
Part of the [FIRST Network](#)
[Greater Cincinnati Behavioral Health Services](#)

Hamilton County Location:
Greater Cincinnati Behavioral Health Services
7162 Reading Rd.
Suite 400
Cincinnati, OH 45237

Clermont County Location:
Greater Cincinnati Behavioral Health Services
1074 Wasserman Way
Batavia, OH 45103

Contact:
Stephanie Hurley, M.A., LPCC-S, FIRST Greater Cincinnati Area Team Leader
Greater Lima
FIRST Greater Lima
Part of the FIRST Network
Coleman Professional Services
799 South Main St.
Lima, OH 45804
Contact:
Brook Smith, LPC, FIRST Greater Lima Team Leader
Phone: (330) 541-8543

Kent/Portage County
FIRST Portage County
Part of the FIRST Network
Coleman Professional Services – Portage Co. Offices
5982 Rhodes Road
Kent, OH 44240
Contact:
Karen Fleming, Ph.D., FIRST Portage County team leader
Phone: (330) 676-6859

Rootstown
The Best Practices in Schizophrenia Treatment (BeST) Center
4209 State Route 44
Rootstown, OH 44272
Phone: (330) 325-6695
Contact:
Vicki L. Montesano, Associate Director
Office Phone: (330) 325-6696
E-mail: vmontesano@neomed.edu
Heather Pokrandt, Consultant Trainer for FIRST Programs
E-mail: hpokrandt@neomed.edu

**Toledo, Lucas County**
FIRST Lucas & Wood Counties
Part of the FIRST Network
Locations:
Zepf Center Central Community Support
Medical and Vocational Services
6605 W. Central Ave.
Toledo, OH 4361:
Zepf Center Nebraska Medical
Child and Adolescent Services
905 Nebraska Ave.
Toledo, OH 43607
Contact:
Brandi Hahn, M.S.W., LISW, FIRST Lucas and Wood Counties Team Leader
Phone: (419) 764.2773

**Warren/Trumbull County**
FIRST Trumbull County
Part of the FIRST Network
Coleman Professional Services Offices
552 North Park Ave.
Warren, OH 4448
Contact:
Carmella Hill, M.Ed., PCC, FIRST Trumbull County Team Leader
Phone: (330) 541-1732

**Youngstown/Mahoning County**
FIRST Mahoning County
Turning Point Counseling Services
611 Belmont Ave.
Youngstown, OH 44502
Contact:
Krista Brawley, M.S.W., LSW, FIRST Mahoning County Team Leader
Phone: (234) 201-2512

**OKLAHOMA**

Oklahoma City
**NAVIGATE Program of HOPE Community Services**
HOPE Community Services, INC.
6100 S Walker Ave.
Oklahoma City, Oklahoma 73139
Contact:
Leslie Hebert, Director
Phone: 405-510-3852
E-mail: lahebert@hopecsi.org

**PENNSYLVANIA**

**Philadelphia**
**Penn Psychosis Evaluation and Recovery Center (PERC)**
Dept. of Psychiatry – Neuropsychiatry Section
Hospital of The University of Pennsylvania
10th Floor – Gates Building
Philadelphia, PA 19104
Phone: (215) 615-3292
Fax: (215) 662-7903
Contact:
Dr. Christian G. Kohler, MD, Director

PEACE (Psychosis Education, Assessment, Care, and Empowerment)
A Program of Horizon House
3819 Chestnut St. Garden Level
Philadelphia, PA 19104
Phone: 215-38-PEACE (7-3223)
Fax: 215-387-3203
E-mail: peace@hhinc.org
Contact:
Irene Hurford
E-mail: irene.hurford@hhinc.org

TEXAS

Dallas
First Episode Psychosis Program (FEPP)
UT Southwestern Medical Center
Dept. of Psychiatry
6363 Forest Park Rd., Suite 651
Dallas, TX 75390-8828
Phone: (214) 648-4603
E-mail: first.episode.psychosis@utsouthwestern.edu
Contact:
Dr. Carol Tamminga, MD, Chairman
UTAH

Ogden
Weber & Morgan County First Episode Psychosis Program
Weber Human Services
237 26th Street
Ogden, Utah 84401
Phone: (801) 778-6832
Contact:
Jayne N. Kashiwaeda, LCSW
E-mail: jaynek@weberhs.org

VIRGINIA

Abingdon
NAVIGATE Team of Highlands Community Services
Part of the NAVIGATE Program
610 Campus Drive
Abingdon, VA 24210
Contact:
Sydney Peltier, Team Leader
E-mail: speltier@highlands csb.org

Fairfax
Turning Point
8221 Willow Oaks
Corporate Drive
Fairfax, VA 22031
WASHINGTON

Yakima

New Journeys Early Intervention Project
Central Washington Comprehensive Mental Health Services
Main Office:
402 S. 4th Avenue
P.O. Box 959
Yakima, WA 98907
Phone: (509) 575-4084

TECHNICAL ASSISTANCE

The Connection Program

The Connection Program is a program for adolescents and young adults experiencing a first episode of psychosis. The Program’s goal is to deliver a multidisciplinary team-based treatment designed to reduce or prevent disability and to foster recovery among young people in the early stages of psychosis. It is part of the RAISE study and is based in Maryland Midtown Carruthers Clinic.

The EASA Center for Excellence at the Regional Research Institute

The EASA Center for Excellence is nationally known for the training and technical assistance it provides to programs focused on early intervention in psychosis. At local and national levels, EASA takes a lead role in training stakeholders in mental health systems, articulating and monitoring standards of care, and supporting program development.

Felton Research and Training at the Felton Institute

Felton Research and Training, a division of the Felton Institute, offers professional development and behavioral health training for providers in a variety
of Evidence-Based Practices (EBPs). Felton provides training in Motivational Care Management (MCM), Motivational Interviewing (MI), and Cognitive Behavioral Therapy for Psychosis (CBTp), as well as other best practices for the social service environment. Felton has developed research infrastructure through our Cloud-Based Integrated Reporting and Charting Environment (CIRCE).

Guided by a commitment to positive outcomes, social justice, respect for diverse cultures, and client driven service, the Felton Institute provides innovative, patient centered solutions to agencies in California and across the nation.

The Maryland Early Intervention Program Network

The Maryland Early Intervention Program Network is establishing a series of Early Intervention Teams (EITs) throughout MD so that service providers can collaborate, share resources, and provide support and coordination of service delivery. They also provide the Centralized Contact For Services program that is available to professionals who are interested in consultation, education, and assistance in developing their own early intervention program. To access this resource, contact the Maryland EIP at 877-277-MEIP (6347) or info@Maryland.

The Prodrome and Early Psychosis Network (PEPPNET)

PEPPNET is a network of experts aimed at “organizing thinking around clinical best practices, training approaches and metrics, and providing leadership to communities nationwide who are implementing early high risk and psychosis programs” (PEPPNET website). They have convened a national steering of professionals within the field and are facilitated through the Stanford Department of Psychiatry and Behavioral Sciences.

Pier Training Institute

The Pier Training Institute is helping mental health providers and organizations across the nation bring the power of The PIER Model to their community. The PIER Model, designed for adolescents and young adults between the ages of 12 and 25, redefines mental health treatment through a unique focus on identifying severe mental illness in its early stages — a time when it is shown to be highly treatable.

Recovery After an Initial Schizophrenia Episode (RAISE) at the National Institute of Mental Health
This website summarizes the key findings of the RAISE study, including core components of care, staffing needs, training and supervision requirements, examples of manuals, and vignettes (amongst many other resources).

**RAISE ETP**

The RAISE Early Treatment Program (ETP) is a research study that will compare two different ways of providing treatment for people experiencing the early stages of schizophrenia and related illnesses. It encompasses 34 community mental health centers and hospital outpatient mental health facilities in 21 states and is directed by Dr. John Kane from the Feinstein Institute for Medical Research in Manhasset, NY. RAISE ETP offers a consulting arm for technical assistance.

**The NAVIGATE Program**

NAVIGATE is a comprehensive program designed to provide early and effective treatment to individuals who have experienced a first episode of psychosis. It was developed with support from NIMH and has been implemented at 20 sites throughout the U.S. and one in Canada, including urban, suburban, and rural settings, and has provided treatment to people from diverse ethnic and cultural backgrounds. NAVIGATE is one of the options for implementing Coordinated Specialty Care (CSC) for early psychosis, as described by [SAMHSA’s website](https://www.samhsa.gov).

**ADDITIONAL RESOURCES**

**The Open Dialog Foundation**

The Open Dialog Foundation was established by people who consider European values – personal freedom, human rights, democracy and self-government – more than just a declaration, but a daily reality of the 21st century people. Their goal is to create a uniform information space, where people from the Atlantic to the Pacific who share European values will be able to exchange their knowledge and experience, implement their public initiatives aimed at continuous natural transformation of post-totalitarian societies towards democracy and civil freedoms.
Open Dialog offers to be a resource for training to organizations interested in early intervention. For more information, please contact Mary Olson at maryo@dialogicpractice.net.

**Partners for StrongMinds (P4SM)**

Partners for StrongMinds (P4SM) raises awareness and funds to transform the way that psychosis is detected, treated and understood in the United States, so that more young people get lifesaving help when it matters most. Through digital public education and advocacy, P4SM is committed to all Americans having equal access to earlier, empowering treatment and support. P4SM’s dream is for more young people facing mental health challenges to keep chasing theirs.

**State of Oregon: Addictions and Mental Health (AMH) Division**

AMH provides in-depth coverage on mental healthcare in Oregon, including a list of adult mental health services. It also includes more information about EASA and a regularly updated directory of its program sites. For more information, please call (503) 947-5527 or contact Jean Lasater at jean.c.lasater@state.or.us.