

What can we learn from people who hear voices?

A panel discussion with Gail Hornstein, Caroline Mazel-Carlton and Marty Hadge

Please join us for a lively panel discussion exploring how insights from people who have been diagnosed with psychiatric illnesses are raising fundamental questions about mental health, community and human experience

What is the Hearing Voices Network?

People who hear voices, see visions, or experience other unusual perceptions or thoughts have long been diagnosed as psychotic and given a poor prognosis.

For the past 30 years, the Hearing Voices Network (HVN), an international collaboration of professionals, people with lived experience, and their families and friends has worked to develop an alternative approach to coping with voices, visions, and other extreme states that is empowering and useful, and does not start from the assumption of chronic illness (see www.hearing-voices.org, www.hearingvoicesusa.org, www.intervoiceonline.org, www.OurVoicesRaised.org).

The Hearing Voices approach is transforming the lives of people all over the world, allowing them to understand and cope with experiences that may long have confused or frightened them. Many have spent years in the psychiatric system yet are still suffering. This approach offers a *crucial alternative*, allowing the transformational power of relationship to foster a deeper understanding of personal experience.

Sponsored by the Foundation for Excellence in Mental Healthcare. Co-hosted by Duquesne University and Point Park University.



Dr. Gail Hornstein

Sunday, October 28th, 2018
6:30pm—8pm
Duquesne University
104 College Hall
600 Forbes Ave
Pittsburgh, PA 15282

Panel Members:

Gail A. Hornstein is Professor of Psychology, Mount Holyoke College, and author of *Agnes's Jacket: A Psychologist's Search for the Meanings of Madness*

Caroline Mazel-Carlton is an international trainer who has supported the development of HVN in a number of settings, from highly-restricted units to online. She and her voices have been featured in the New York Times.

Marty Hadge is a trainer and facilitator of the longest-running Hearing Voices group in the United States. His story of overcoming adversity has been in a number of media outlets including Foreign Policy magazine.



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