



# Open Dialogue Pacific

## Open Dialogue Foundation

### Training April 2020 - February 2021

Ever since the Open Dialogue approach has been used to help people in crisis, the rates of schizophrenia in Western Lapland, Finland have gone from the highest to the lowest in Western nations. Open Dialogue has become the standard of care in this part of the world.

Open Dialogue is a human-rights-supported way of organizing mental health services and a way of being with others in times of need/crisis. The year-long Foundation course has been delivered to mental health hospital personnel internationally, offered to various professionals (psychiatrists and other physicians, nurses, occupational therapists, family therapists, advocates and activists, peer counselors, psychologists, social workers.)

Open Dialogue is one of the most researched treatments for what-some-call-psychosis, and its values/principles have been practiced in Western Lapland, Finland since the 1980's with families and social networks for those in all types of crisis.

Mental health providers have been impressed, relieved, and hopeful that this way of working is becoming available. Come learn how to work dialogically within where you are working to apply this rational and humane way of being-with others in the helping professions.

---

If you are interested in learning how to work this way, applications are being accepted now for the next year-long course taking place in Tacoma, WA, USA.

**April 22-26, 2020**

**July 15-19, 2020**

**October 21-25, 2020**

**February 3-7, 2021**

Apply here: [opendialoguepacific.com](http://opendialoguepacific.com)

#### 20 full training days will cover:

- The 7 principles of Open Dialogue practice
- Reflecting and reflecting teams
- The facilitation of network meetings
- The elements of dialogic practice
- Beginning to re-name power/hierarchy/colonizing structures in treatment
- Family of Origin work
- Redefining "crisis"
- Working with those experiencing what-some-may-call "psychosis"
- Experiencers/peer professional in network meetings



*"My way is to make paths. Help people find a way to this present moment. I try to give enough space to stay in the past and in the future, even when there are fear and worries. Together in silence, or together excited or being interested in. Together. Those moments are often short, perhaps dialogue is just a trace, it is like something that you can notice, but you can't view a long time. But those short moments are very powerful, shared."*

- Elina Löhönen  
Brown et al 2015



### **Alita Taylor**

Alita Kathryn Taylor, MA, LMFT is a family therapy/psychiatric trainer and supervisor of dialogic practices. She has been a mental health practitioner since 1992, licensed as a Marriage and Family Therapist in California (#43665, 2006) and in Washington (#60785809, 2017). She has worked in outpatient and hospital settings, the bulk being emergency psychiatric consulting. Currently she is in the International Certificate in Collaborative-Dialogic Practices (ICCP) Taos and Houston-Galveston Institutes program, and she holds a certificate to educate and supervise dialogical practices recognized under Finnish law (*valtioneuvoston asetus terveydenhuollon ammattihenkilöistä annetun asetuksen muuttamisesta 1120/2010*) trained by Jaakko Seikkula, PhD and other Finnish trainers at Dialogic Partners in Espoo, Finland through the University of Jyväskylä. She concentrates on co-creating dialogical spaces within organizations and groups.



### **Anni Haase**

Anni Haase is a psychologist, psychotherapist and certified Open Dialogue trainer. Currently she works at Keropudas in Tornio, Finland. Anni works with families, social networks and individuals in the spirit of a need-adapted approach. She leads trainings for peer workers with her colleagues and supervises. Previously Anni worked as an occupational psychologist in Rovaniemi and Tornio. Anni completed psychology teacher's pedagogical studies (2005), and specialized in family counseling (2007) and sensorimotor trauma therapy (2010). Anni is very interested in combining body-oriented approaches to therapeutic work. In therapy processes and in network meetings Anni is focused on the embodiment of experience and pays close attention to subtle sensations and transformations in emotions, thoughts, movements and perceptions in those engaged in the meetings.



### **Kari Valtanen**

Kari Valtanen is a child and adolescent psychiatrist and Open Dialogue and family therapy trainer. Kari works at Western Lapland child and adolescent psychiatric outpatient team, and he has been collaborating with this Open Dialogue team for nearly 20 years. Kari has been training in Open Dialogue for several years, both in Finnish and in international training programs in the UK, Italy, Australia and Japan. Kari lives by the Arctic Circle with his long-time partner and they love spending their free time in the surrounding forests, foraging berries and mushrooms or just hiking or skiing around.



### **Petra Hohn, RN, MSc, Networktherapist**

Living in Sweden, she has worked and taught since 1993 in different mental health settings such as Crisis Center Soteria, Soedertaelje mental health organization with the project for Newly Identified Psychotic young people. Since 2001 she is working for Psychiatry South Stockholm as head of 2 outpatients units. She has been developing and teaching dialogical approaches as well as family and network perspectives in Europe and has been involved with the Parachute Project in NYC. Currently she is also involved teaching master classes at Stockholm university regarding psychosocial approaches in Mental Health teaching the module focusing specifically on approach and practice of Open Dialogue.



### **Harlene Anderson**

Harlene is a sought-after speaker, consultant, and trainer. She uses her tools—her insights, her keen interest, her engaging conversational style, her leadership skills—to help and inspire individuals, families, communities and organizational leaders and teams to achieve clarity, focus, renewed energy, and possibilities not previously imagined.

Harlene is recognized internationally as a leader in the development of postmodern-social construction-oriented collaborative-dialogic philosophy and practice, which she applies to her work in education, communities, research, organizations and businesses and consultations in various contexts. Her books, translated into several languages, include *Conversations, Language and Possibilities* and coedited *Appreciative Organizations, Collaborative Therapy: Relationships and Conversations that Make a Difference* and *Innovations in the Reflecting Process*. Dr. Anderson is a cofounder and a board member of the Taos Institute, Houston Galveston Institute, and Access Success International; she is the founding editor of the *International Journal of Collaborative Practices* and founder of the International Certificate in Collaborative-Dialogic Practices program.

She received the 2008 *American Academy of Family Therapy Award for Distinguished Contribution to Family Therapy Theory and Practice*, the 2000 American Association for Marriage and Family Therapy award for *Outstanding Contributions to Marriage and Family Therapy*, and the 1997 Texas Association for Marriage and Family Therapy award for *Lifetime Achievement*.



### **Jane Hetherington**

Jane trained as an Integrative Psychotherapist qualifying in 2005. Prior to this she had worked in law and management. Her career since qualifying has been in Addictions, Primary Care and Early Intervention in Psychosis Services, managing and leading clinical and operational provision. She now supervises services for the Forward Trust and student services at the University of Kent and works in private practice.

Jane became interested in Open Dialogue and completed the first NELFT, Peer Supported Open Dialogue training, the subsequent POD Mentor Course and the first Helsinki International training. She has written articles for ISPS, *Therapy Today* and the *Psychotherapist* on Open Dialogue and currently write blogs and pieces for various internet sites.

She is an experienced trainer in Behavioural Family Therapy, Addiction, Motivational Interviewing, CBT etc. presenting on Open Dialogue, Psychosis and EIS at universities, national/international conferences and conducting workshops in Australia on POD. Her additional focus is feminist and LGBTQ perspectives and difference. Jane is a member of the Academy of Peer Supported Open Dialogue Board UK and was for a long while a member of the UKCP Professional Misconduct Board.



### **Yasmin Ishaq**

Yasmin is an accredited trainer in Dialogic Practice, Social worker and Psychoanalytic Psychotherapist. Yasmin has worked in mental health services in the UK for over 25 years. She has been at the forefront of developing initiatives such as Early Intervention in Psychosis Services and Primary care Mental Health Services. Yasmin has extensive management experience in mental health services and has led the first Open Dialogue Team to become operational in the UK. Recently the work of the team has been recognised by the Royal College of Psychiatrists in 2018 when they were awarded Psychiatric Team of the Year in the National Awards. Yasmin has been interested in developing dialogical practice since approximately 2011 and trained in Helsinki, Finland to become an international accredited trainer 2016-2018. She has spoken at national and international conferences including in London, Liverpool, Scotland, Wales, Egypt and New York. Yasmin uses her personal experience of a family member who has had mental health challenges and use of statutory mental health services to inform her practice and support her commitment to family inclusive practice.

## **CURRENTLY ACCEPTING APPLICANTS**

*Additional trainings offered ~*

**Advanced Family Therapy Training: Dialogical Approaches in Couple and Family Therapy**  
Psychotherapy trainers training 2021–2023

*Organizers: Open Dialogue Pacific, Dialogical Therapy, with ancillary support from University of Washington faculty member Fletcher B. Taylor, MD.*

*Tacoma, WA | Includes: Supervision, Family of Origin work, Theory & Practicum - Cost \$8000*

April 21-25, 2021

July 7-11, 2021

October 20-24, 2021

January 26-30, 2022

April 20-24, 2022

July 13-17, 2022

October 19-23, 2022

January 25-29, 2023

**Apply at [opendialoguepacific.com](https://opendialoguepacific.com).**